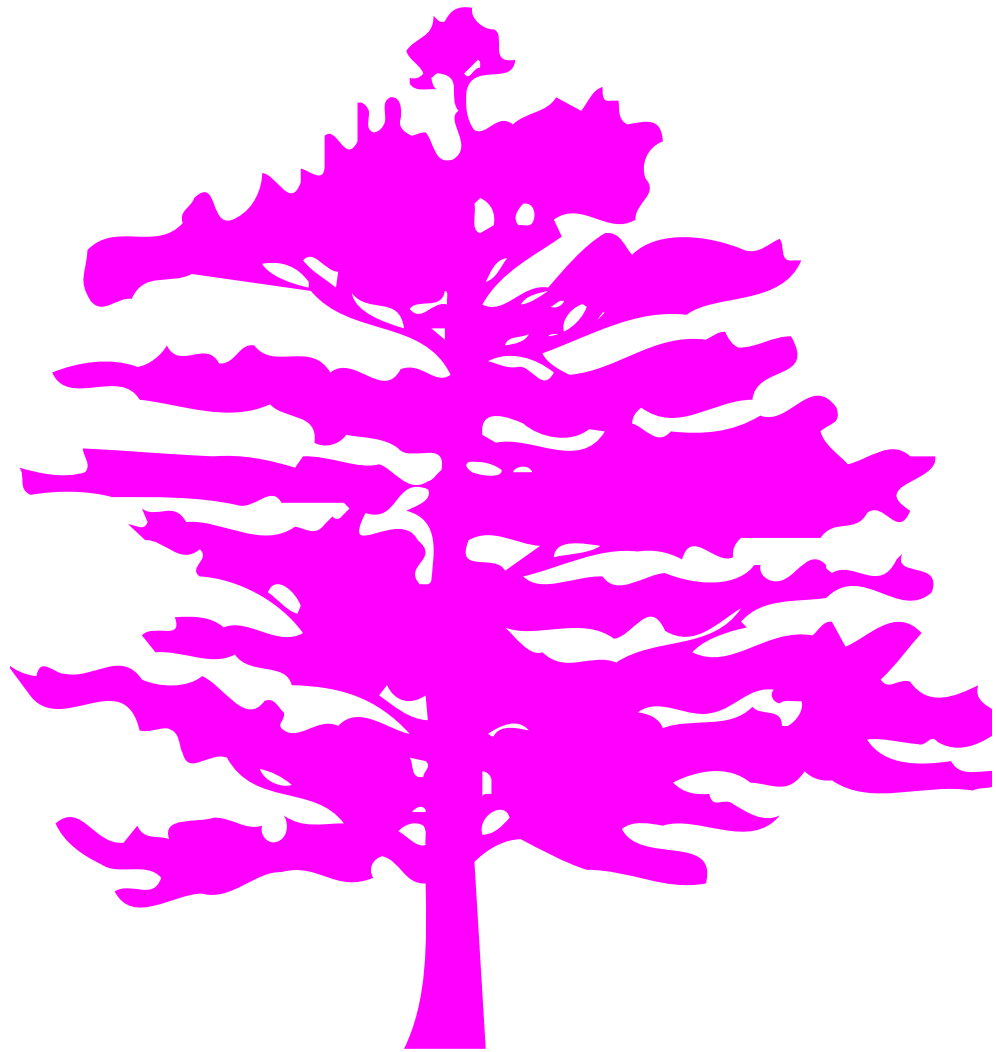


Shorewood Forest



THE

OF SHOREWOOD

Shorewood Forest

Eggs & Omelets

Cooked any style with your choice of sausage, bacon or ham.

Choice of hash browns or fruit and toast.

• *Beverage included.*

Served with hash browns or fruit and toast

Served with hash browns or fruit and toast.

- **Cheese** (American, or Swiss)
- **Mushroom & Swiss**
- **Denver** (ham, green pepper & onion)
- **Ham & Cheese** (American, or Swiss)
- **Vegetarian** (green pepper, mushroom and onion)

Pancakes & Such

Light and fluffy pancake served with your choice of sausage, bacon or ham.

Maple syrup or choose fruit topping of blueberries or strawberries.

• *Beverage included.*

Hot off the iron with choice of sausage, bacon or ham. Maple syrup or fruit topping of blueberries or strawberries.

• *Beverage included.*

Freshly battered toast griddled golden brown served with choice of sausage, bacon or ham; hash browns or fruit.

• *Beverage included.*

Make It Good For Your Heart

Egg beaters available on request - **\$1.00**



Choose whole grain bread or muffin

Choose fresh fruit to reduce sugar

-White

-Rye

-Wheat

-Wheat Berry

-Cinnamon Raisin

-White English Muffin

-Wheat English Muffin

Shorewood Forest

Cooked to order, served with toast.

- One egg
- Two eggs

*Cream of Wheat or Oatmeal
Served with 2% or skim milk.*

*Classic French Toast served with maple syrup
or choose fruit topping of blueberries
or strawberries.*

Wide selection available.

Served with regular or sugar free maple syrup.

*Whole grain muffins, or toast, juice and
beverage.*

On The Side

- Sausage links
- Ham
- Bacon
- Hash browns
- Corned Beef Hash

Toasted Breads

- White
- Wheat Berry
- Rye
- Cinnamon Raisin
- Wheat
- English Muffin
- Assorted muffins
- Bagel & Cream Cheese

- Fresh fruit
- Sliced bananas
- Peaches
- Pears

Beverages

- Coffee
- Orange Juice
- Hot Tea
- Tomato Juice
- Hot Herbal Tea
- Pineapple Juice
- Hot Chocolate
- Prune Juice
- Milk (2% or Skim)
- Cranberry Juice

Make It Good For Your Heart

Egg beaters available on request - **\$1.00**



Choose whole gran bread or muffin

Choose fresh fruit to reduce sugar

Timbers Hearth

Prepared daily, served with crackers.

Soup & Sandwich

*Cup of soup of the day and **half** sandwich of your choice: tuna salad, grilled cheese, sliced ham or liver sausage.*

Choice of coleslaw, Potato Salad, or fruit.

• Beverage included.

*Cup of soup of the day and **whole** sandwich of your choice: tuna salad, grilled cheese, sliced ham or liver sausage.*

Choice of coleslaw, Potato Salad, or fruit.

• Beverage included.

Salad Selections

Fresh greens, tomato and shredded carrots with your choice of dressing.

Fresh greens with turkey, ham, swiss and american cheese, hard boiled egg and garden vegetables.

• Roll on the side.

Grilled to perfection chicken breast served on romaine lettuce with croutons and Caesar dressing.

Choose from Chicken Salad, Tuna Salad, Egg Salad or Ham Salad, each prepared with low-fat mayonnaise on a bed of lettuce surrounded by assorted fruits or garden vegetables

• Roll on the side.

Salad dressing selection - Italian, French, Ranch, Blue Cheese, Thousand Island, Honey Dijon, Caesar, Oil & Vinegar, Raspberry Vinaigrette.

On The Side

-Soup du jour (Cup)

-French fries

-Tomato slices

-Cottage cheese

-Fresh fruit

Timbers Hearth

Available for Lunch and Dinner

Sandwiches

All sandwiches served with choice of bread, toast or bun

Sliced turkey, crispy bacon strips, lettuce and tomato.

Choice of American, Swiss, Provolone or Cheddar.

Generous portion of sliced white meat, lettuce and mayonnaise.

Choice of American, Swiss, Provalone or Cheddar. • Add ham

Grilled chicken breast served on bun with lettuce and tomato.

Boiled ham, thinly sliced served with lettuce and tomato.

Crispy bacon strips, lettuce, and tomato.

Burgers & Dogs

Served on a bun with choice of French fries, chips, coleslaw or fresh fruit and a pickle slice. Beverage included.

Served with lettuce and tomato.

Served with lettuce and tomato.

*Choice of American, or Swiss .
Served with lettuce and tomato.*

Served with lettuce and tomato.

Grilled hamburger with cheese and grilled onions.

All beef frank served with onions and relish.

Lightly battered chicken strips.

The Forest Feasts

Complete dinners include soup and salad.
Accompanied by side starch and vegetable and dessert
Beverage included.

Succulent, tender roast chicken breast baked to a golden brown served with choice of starch and vegetable of the day.

Savory ham slowly baked to order.

Lightly seasoned fish served with choice of starch and vegetable of the day.

Lightly battered chicken strips served with potato and vegetable.

With marinara sauce served with garlic bread.

Lightly battered catfish served with lemon and tartar sauce served with potato and vegetable.

Fettuccini pasta cooked to perfection in an Alfredo Cream Sauce.

A Timbers Classic made with sirloin beef tips and served in gravy with vegetables and potatoes.

Sweet Treats

- One scoop
- Two scoops

Beverages

- Coffee
 - Hot Tea
 - Hot Herbal Tea
 - Iced Tea
 - Tea Sweet or Un-Sweet
 - Raspberry Iced Tea
 - Assorted Crystal Light
 - Hot Chocolate
 - Milk (2% or Skim)
- Orange Juice
 - Tomato Juice
 - Apple Juice
 - Prune Juice
 - Cranberry Juice
 - Pineapple Juice