JANUARY 2020

Room Key

BR = Ballroom
LCR = Lilacs Community Room
ECR = Elms Community Room
TCR = Theater Card Room
PL = Piano Lounge
R = Restaurant
PD = Private Dining Room
FC = Fireplace Commons
L = Library
P = Patio
LD = Loading Dock
W = Wellness Center

Find the Timbers TREE in this newsletter

Bolded Activities & Events in Color are open to the public.

Italic Activities are located off-site.

* Asterisk indicates that pre-registration is required. Pre-register for these events at front desk.

MOVIES PLAYING ON CHANNEL 3 ARE ALL DAY EVERY DAY 24/7

Font Color
Church Services · Exercise · Entertainment · Health

THE TIMBERS OF SHOREWOOD STAFF

www.timbersofshorewood.com

Kevin Young, *Executive Director*	Sheila Reyes, *Director of Marketing*	Pam Stortz, *Restaurant Manager*	Amy Odell, *Activities Manager*
Gerardo Porras, *Building Engineer*	Eustolia Dorado, *Housekeeping Manager*	Christine Brown, *Business Manager*	Jodie Couch, RN, *Home Care Director*

****General Store Hours****
Tuesday 10:00 - 12:00 • Thursday 9:00 - 11:45

Monthly calendar subject to change, please see weekly calendar for most current events.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Years Day 10:30 Brain Games LCR 2:45 Arts & Crafts w/Caryn BR 6:00 Patriotic Prayer & Rosary ECR 6:30 Sandy Tx. Dog PL	**2** 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Walking Club FC 1:00 Pokeno ECR *1:00 Mall Trip** 2:45 Music Trivia BR 6:30 Caregiver Support Group PD	**3** 9:30 Sittercise BR 10:00 Dr. Whitfield* (Podiatrist) W 10:15 Sittercise Made Easy BR 1:30 Activities Updates BR 2:00 Cocktail Hour BR	**4** *10:00 Walmart & Chase** 12:30 Pokeno ECR 2:00 John Muhlenfeld, Music/ Vocals LCR 6:30 Bingo ECR
5 *9:30 Catholic Mass on TV Ch. 9* *9:45 Holy Family Catholic & Hope Lutheran Churches** 11:15 Harvest Bible Church Service ECR 12:30 Pokeno ECR 1:00 Sit-n-Stitch Group LD 6:30 Timbers Sing-a-long PL	**6** 8:30 Newsome HHC W 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 10:45 Holy Family Communion BR 11:00 Bean Bag Toss LCR 1:00 Pokeno ECR 1:30 Shorewood/Troy Library L 2:00 Timbers Book Club TCR 2:15 Tai Chi BR (Break) 3:00 Timbers Academy TCR 4:00 Exercise & Flexibility BR	**7** 9:00 Nail Tech* LCR 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Walking Club FC 2:00 Resident Council BR 2:30 Knitting & Crocheting LD 6:30 Bingo ECR	**8** 9:00 Dr. Lori* (Podiatrist) 9:45 Music Therapy BR 10:30 Brain Games LCR 11:00 Food Forum ECR *12:00 Jewel, Kohls, Walgreens, Aldi** 1:00 Garden Club ECR 2:00 Anthony Kowalkowski, Violinist LCR 2:45 Arts & Crafts w/Caryn BR 6:30 Sandy Tx. Dog PL	**9** 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Open Forum BR 1:00 Pokeno ECR *1:00 Mall Trip** 6:30 Caregiver Support Group PD	**10** 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Holy Family Mass BR 11:00 Tech Talk L 1:30 Activities Updates BR 2:00 Cocktail Hour BR	**11** *10:00 Target, Mariano's & Banks** 10:30 Hope Lutheran Church BR 12:30 Pokeno ECR 2:00 Vern Denault, Music/ Vocals LCR 6:30 Bingo ECR
12 9:30 Catholic Mass on TV Ch. 9 *9:45 Holy Family Catholic & Hope Lutheran Churches** 11:15 Harvest Bible Church Service ECR 12:30 Pokeno ECR 1:00 Sit-n-Stitch Group LD 2:00 Orthodox/Christian Service ECR 6:30 Timbers Sing-a-long PL	**13** 8:30 Newsome HHC W 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Bean Bag Toss LCR 1:00 Pokeno ECR 2:15 Tai Chi BR 3:00 Timbers Academy TCR 4:00 Exercise & Flexibility w/Sheila BR	**14** 9:00 Nail Tech* LCR 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Walking Club FC 1:00 Dice Games ECR 2:00 Meet & Greet BR 2:30 Knitting & Crocheting LD 3:30 Patrick Woods, Pianist PL 6:30 Bingo ECR	**15** 9:30 Wednesday Warm-up BR 10:30 Brain Games LCR *12:00 Jewel, Kohls, Walgreens, Aldi** 1:00 Garden Club ECR 2:00 Jennifer Hall, Music LCR 2:45 Arts & Crafts w/Caryn LCR 6:30 Sandy Tx. Dog PL	**16** 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Walking Club FC *1:00 Mall Trip* (Cancelled for Dance)* 1:00 Pokeno (Cancelled for Dance) 1:30-3:30 Del Bergeson Orchestra BR 6:30 Caregiver Support Group PD	**17** 9:00 Prescription Drug Review W 9:30 Sittercise BR 10:15 Sittercise Made Easy BR *11:00 Lunch Bunch** 1:30 Activities Updates BR 2:00 Cocktail Hour BR	**18** 10:00 Holy Family Rosary & Communion LCR *10:00 Walmart & Chase** 12:30 Pokeno ECR 2:00 Randy Walker, Music/ Vocals LCR 6:30 Bingo ECR
19 9:30 Catholic Mass on TV Ch. 9 *9:45 Holy Family Catholic & Hope Lutheran Churches** 11:15 Harvest Bible Church Service ECR 12:30 Pokeno ECR 1:00 Sit-n-Stitch Group LD 6:30 Timbers Sing-a-long PL	**20** Martin Luther King Jr. Day 8:30 Newsome HHC W 9:30 Sittercise BR 10-12 Prairieland Audiology W 10:15 Sittercise Made Easy BR 10:45 Holy Family Communion BR 11:00 Bean Bag Toss LCR 1:00 Pokeno ECR 1:30 Shorewood/Troy Library L 2:00 Timbers Book Club TCR 2:15 Tai Chi BR 3:00 Timbers Academy TCR 4:00 Exercise & Flexibility BR	**21** 9:00 Nail Tech* LCR 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Walking Club FC 1:00 Dice Games ECR 2:30 Knitting & Crocheting LD 6:30 Bingo ECR	**22** 9:30 Wednesday Warm-up BR 10:30 Brain Games LCR *12:00 Jewel, Kohls, Walgreens, Aldi** 1:00 Garden Club ECR 2:00 Will Co. Senior Services 2:45 Arts & Crafts w/Caryn BR 6:30 Sandy Tx. Dog PL	**23** 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Walking Club FC *1:00 Mall Trip** 1:00 Pokeno ECR 2:00 Ry Petermann LCR 6:30 Caregiver Support Group PD	**24** 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Tech Talk L 1:30 Activities Updates BR 2:00 Cocktail Hour BR	**25** *10:00 Target, Mariano's & Banks** 10:30 Our Savior Lutheran Church BR 12:30 Pokeno ECR 2:00 Barrett Hasselwood, Music/Vocals LCR 6:30 Bingo ECR
26 9:30 Catholic Mass on TV Ch. 9 *9:45 Holy Family Catholic & Hope Lutheran Churches** 11:15 Harvest Bible Church Service ECR 12:30 Pokeno ECR 1:00 Sit-n-Stitch Group LD 2:00 Rich Stanley, Accordian PL 6:30 Timbers Sing-a-long PL	**27** 8:30 Newsome HHC W 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Bean Bag Toss LCR 1:00 Pokeno ECR 2:15 Tai Chi BR 3:00 Timbers Academy TCR 4:00 Exercise & Flexibility w/Sheila BR	**28** 9:00 Nail Tech* LCR 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Walking Club FC 1:00 Dice Games ECR 2:00 Ray Koncar, Music LCR 2:30 Knitting & Crocheting LD 6:30 Bingo ECR	**29** 9:30 Wednesday Warm-up BR 10:30 Brain Games LCR *12:00 Jewel, Kohls, Walgreens, Aldi** 1:00 Garden Club ECR 2:00 Bob Kalal, Guitarist/ Vocals LCR 2:45 Arts & Crafts w/Caryn BR 6:30 Sandy Tx. Dog PL	**30** 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 11:00 Walking Club FC *1:00 Mall Trip** 1:00 Pokeno ECR 6:30 Resident Birthday Party w/Eric Lucky BR 6:30 Caregiver Support Group PD	**31** 9:30 Sittercise BR 10:15 Sittercise Made Easy BR 1:30 Activities Updates BR 2:00 Cocktail Hour BR	**Welcome Newcomers:** **New Residents** Pat Kostyra, Delores Lavazza, Frances Hatch, Gary Preston, Betty Wirth **Respite** Joan Anderson, Eveyln Null